



Tennis and Golf Club

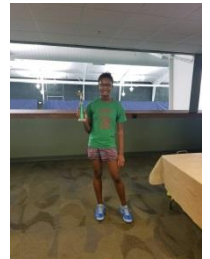
January 2019



NEWS FROM NORTH RIDGE

Welcome to the North Ridge Tennis and Golf newsletter! Every month NRTGC will provide you with news you can use about tennis, golf, fitness, and pickleball. We will announce events, tournaments, socials, specials, highlight members, and more! This newsletter is for YOU. Feel free to let us know if there is something you would like us to add. More information is always available on the website: www.nrtgc.com. And, be sure to follow us on instagram @nrtgf13 and facebook. ENJOY!

TENNIS: On December 14 and 15 we hosted many Junior tennis players at the Club to play in the North Ridge Holiday Tournament. Congratulations to NRTGC members Jain Rohit for winning boys singles and to Rahul Jain and Kenny Li for their win in the boys doubles tournament. A special shout out to all of the NRTGC members who participated in two days of really great tennis and took home various honors in their respective age groups.



COMING SOON! ADULT TENNIS TOURNAMENT. Plans for a winter adult tennis tournament are in the works! Details will be provided in next month's newsletter.

GOLF: Have you had a chance to check out the Golf Center at North Ridge? It features 4 state of the art PGA Certified indoor golf simulators with recently upgraded software. The Golf Center is also the perfect place to host your next event. Groups are welcome for birthday parties, fundraising events, business networking or just some good old group fun! Bring your own food and drink. For more information, click on the Golf link on the website, stop in for a visit or call us at (440) 327-8860 to schedule a tee time.



PLEASE HELP US WELCOME GOLF PRO JAMES WEBB! James recently graduated from Buckinghamshire New University, out of London, U.K. with a bachelor's degree in Sports Management and Golf Studies. James has experience working in private golf clubs in the USA and England. His past experience includes work at "The Club at Ibis" in West Palm Beach, Florida and "Beechmont Country Club". James resides at Red Tail in Avon and is their first assistant golf professional. He is the head coach for the PGA Junior Team at Red Tail and enjoys working with children of all ages and abilities. James is available for golf lessons for adults and children in the Golf Center and offers 30-60 minute sessions as well as package deals. Call the golf center at (440) 327-8860 to schedule your lesson.

COMING SOON: MEN'S AND WOMEN'S GOLF LEAGUES, SCRAMBLES AND CONTESTS! Sign ups available at the front desk in the Golf Center. Details will be posted soon.

FITNESS: Are you looking for ways to improve your game, your health, balance, flexibility or stamina? Caleb Kennedy's "Kennedy Sports Performance" programs at NRTGC will help you get to that next level. Caleb has a masters degree in sports administration, is a certified tennis performance specialist, an Ohio certified athletic trainer and Certified speed and agility coach. Caleb offers training for ALL AGES including: Sports Specific Training; On Court Speed and Agility; Post-Injury Rehab; Nutrition & Supplement Advice; Flexibility Training; Posture Correction; Weight Loss and Management; Daily Stretching Routines and Group Sessions. Check out his videos at: <https://www.youtube.com/channel/UCS4SXAMW32kvJsKRwdg4OeQ> and follow him on instagram@calebkennedy07. Contact Caleb to schedule your session at (330) 612-5229.

FIRST SESSION IS FREE!



ADULT ON COURT AGILITY
WEDNESDAY 10-11 AM



YOUTH ON COURT AGILITY FRIDAY 5-6 PM



Private Sessions for
Youth Available by Appointment



Private Sessions for Adults
Available by Appointment

SIGN UP FOR AGILITY AT THE FRONT DESK OR BY TEXT (330) 612-5229

PICKLEBALL: Did you know that pickleball is the fastest growing sport in the country? North Ridge Tennis and Golf Club offers pickleball drills and lessons for beginners, advanced, and intermediate players. For information on time slots available for play, check out the website: <http://nrtgc.com/index.php/pickleball> Advance registrations are required. New to the sport? Sign up for Pickleball 101 on Friday evenings from 5-6 PM for \$10 or join us for the mixed social every other Friday (starting January 4) for \$15 (includes beer, wine and food). Call the front desk at (440) 327-2114 for reservations.



COMING SOON: Information on a 2019 adult pickleball tournament!



MEET NRTGC'S STAFF AND MEMBERS! Each month we will feature a staff or club member's bio. This month's featured staff member is Tariq Ismail. Tariq has been with North Ridge since 2014. He was the top ranked tennis player in Zimbabwe as well as ranked in the top 300 in the International Tennis Federation. Tariq has competed in singles and doubles for Arkansas University before transferring to Youngstown State University Men's Tennis Team. He competes currently in the Professional Future Tournaments. Say hello to Tariq when you see him and schedule your court time with him by calling the front desk (440) 327-2114.